

Hubertus-Schwartz-Berufskolleg

Questionnaire on experiences with bullying at school.

The survey was carried out as part of an European project, 136 students participated.

Contents of the questionnaire:

- General information
- Experiences with bullying
- Effects of bullying
- Responses to bullying
- **Prevention and Support**



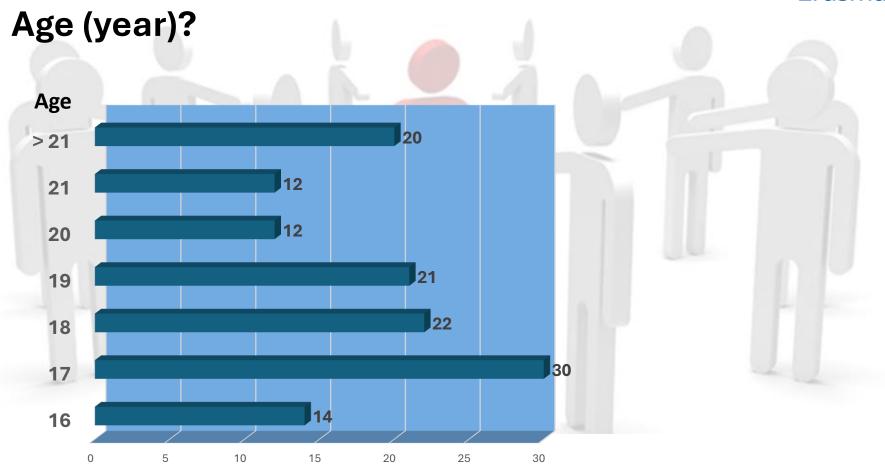




General information

1. Question







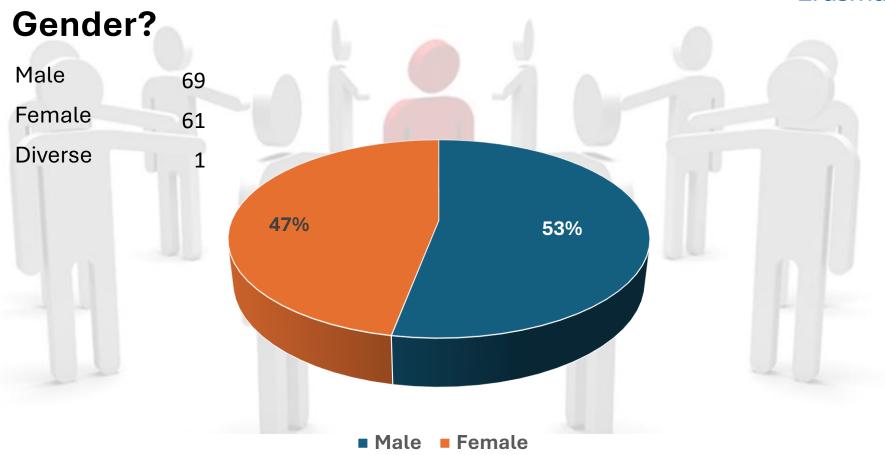




General information

2. Question





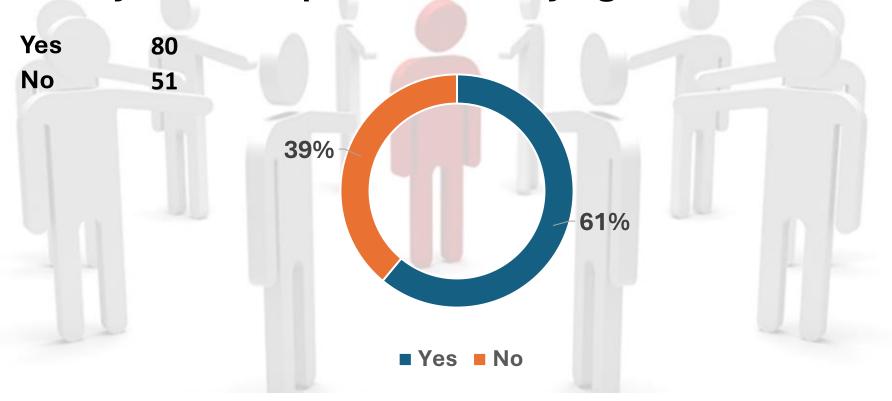




3. Question



Have you ever experienced bullying at school?

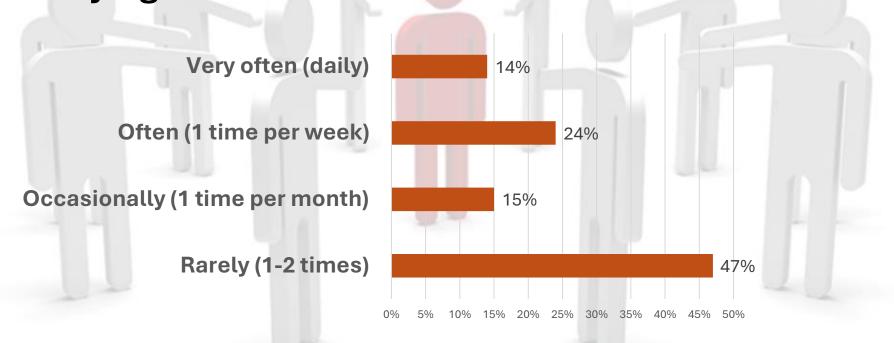






4. Question

If yes, how often have you experienced bullying?





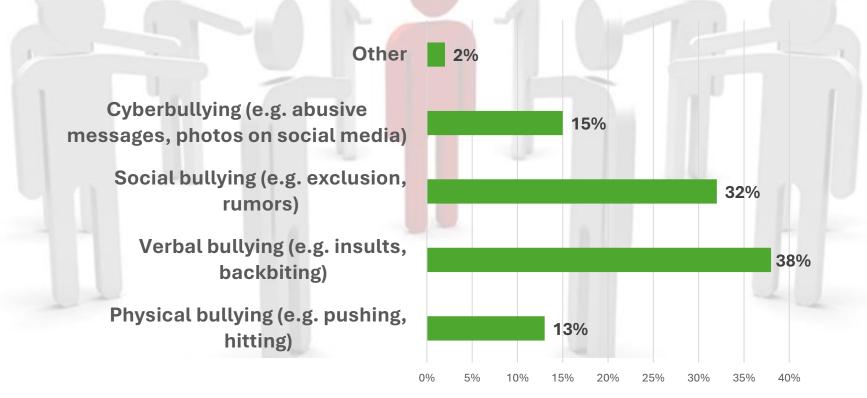
Erasmus+

5. Question



In what form have you experienced bullying?

(Multiple choices possible)





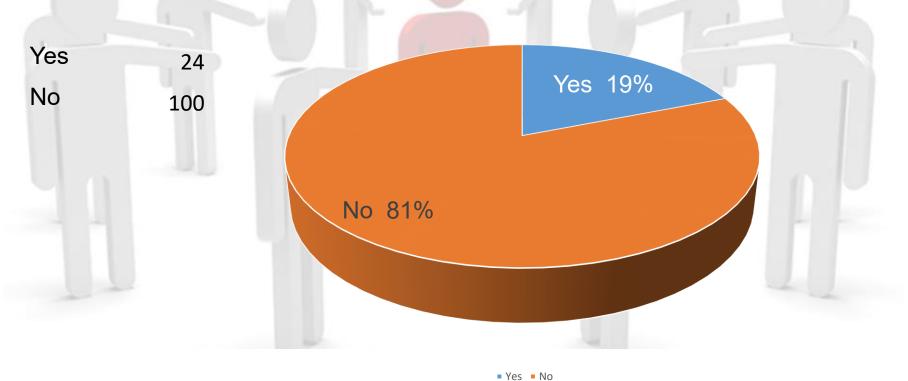




6. Question



Have you experienced bullying at school in the last 12 months?







Effects of bullying

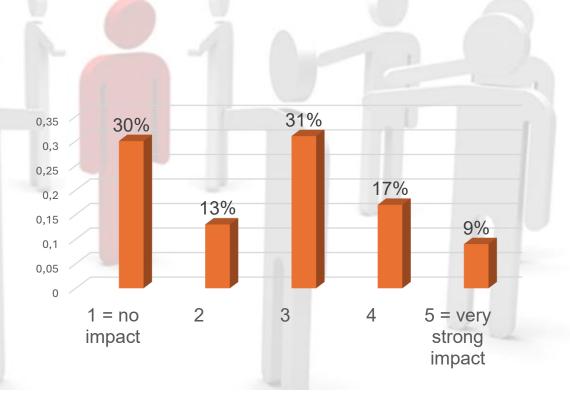
7. Question



How has the bullying affected your wellbeing?

(Scale from 1 to 5)

| 1 = no impact | 31 |
|------------------------|----|
| 2 | 14 |
| 3 | 32 |
| 4 | 18 |
| 5 = very strong impact | 9 |





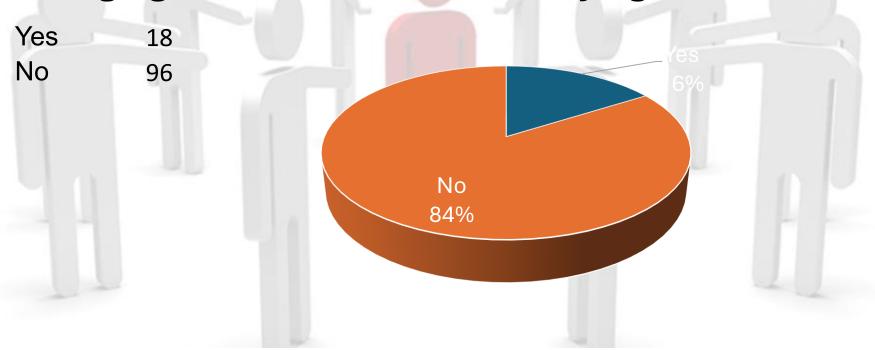




Effects of bullying

8. Question

Have you changed schools or considered changing schools because of bullying?









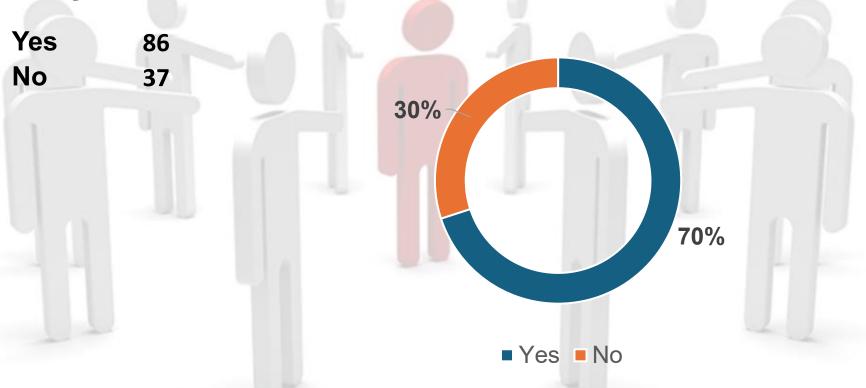


Effects of bullying

9. Question



Did you feel safe at school?







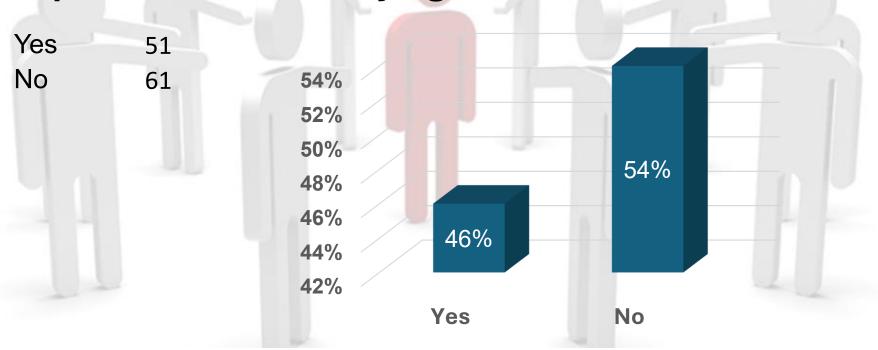


Responses to bullying

10. Question



Have you ever spoken to anyone about your experiences with bullying?







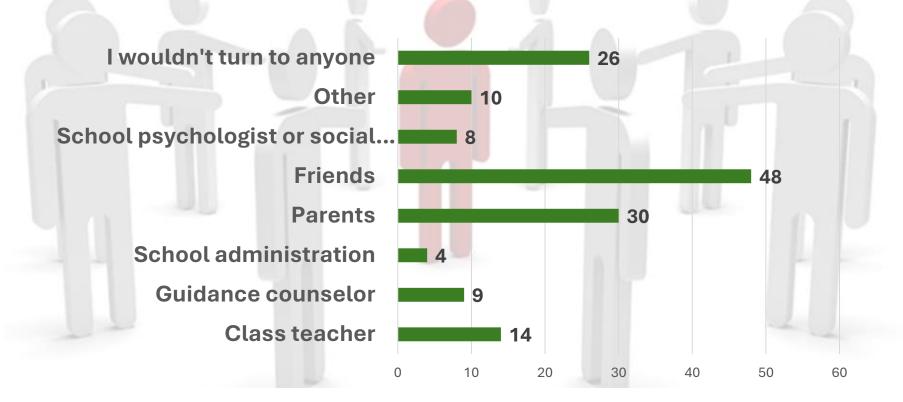


Responses to bullying

11. Question



If so, who did you speak to? (multiple choices possible)







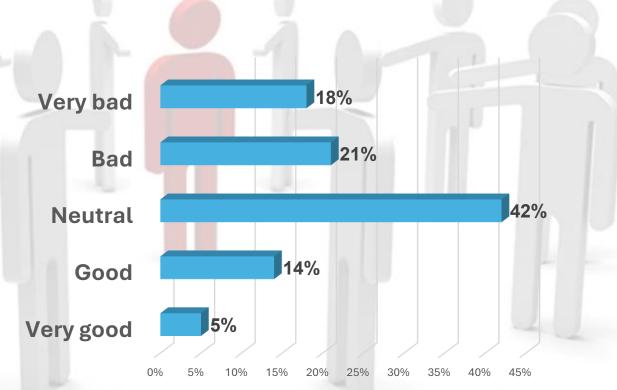
Responses to bullying

12. Question



How did the school respond to bullying?

Very good 5 Good 13 Neutral 40 Bad 20 Very bad 17









Prevention and support

13. Question



What do you think the school should do to prevent bullying? 86 Answers

| Punishments and harsh consequences for bullies | 14 |
|---|----|
| Talk more with students about the issue | 7 |
| Provide more education about the potential consequences of bullying | 12 |
| Be more aware | 6 |
| Communicate openly about the issue | 6 |
| Schools should definitely intervene | 4 |
| Strengthen class cohesion through measures | 5 |
| Offer support to those affected | 6 |
| Teachers should pay more attention to students | 10 |
| Bullying cannot be prevented | 5 |
| Nothing | 5 |
| Incorrect answers | 6 |





Prevention and support

14. Question

What kind of support would you like to have if you experience bullying? 78 Answers

| Help from teachers and school psychologists | 8 |
|--|----|
| Having someone to talk to | 10 |
| Understanding and sympathy from others | 12 |
| Support from friends, family, and classmates | 19 |
| Reactions from classmates to bullying | 6 |
| Consequences and punishments for bullies | 8 |
| Open contact points | 5 |
| None, nothing | 5 |
| Incorrect answers | 5 |







Prevention and support

15. Question



Do you have any suggestions on how students can be better educated about bullying? 80 Answers

| Show videos, share experiences of those affected | 9 |
|---|----|
| Role-playing | 2 |
| Projects on the topic | 3 |
| Workshops, courses, seminars with experts | 12 |
| Integrate information about the topic into lessons | 17 |
| Stimulate discussions on the topic | 3 |
| Introduce a school subject on the topic | 3 |
| Lectures | 8 |
| Information about the psychological effects of bullying | 9 |
| No idea | 11 |
| Incorrect answers | 3 |









Thanks for your attention





